

SEG Awards Level 4 Diploma in Therapeutic Counselling

Qualification Guidance

Level 4 Diploma - 603/5029/5



About Us

At Skills and Education Group Awards we continually invest in high quality qualifications, assessments, and services for our chosen sectors. As a UK leading sector specialist we continue to support employers and skills providers to enable individuals to achieve the skills and knowledge needed to raise professional standards across our sectors.

Skills and Education Group Awards has an on-line registration system to help customers register learners on its qualifications, units and exams. In addition it provides features to view exam results, invoices, mark sheets and other information about learners already registered.

The system is accessed via a web browser by connecting to our secure website using a username and password: Skills and Education Group Awards Secure Login

Sources of Additional Information

Skills and Education Group Awards website https://skillsandeducationgroupawards.co.uk/ provides access to a wide variety of information.

Copyright

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the publishers.

This document may be copied by approved centres for the purpose of assessing learners. It may also be copied by learners for their own use.

Specification Code, Date and Issue Number

The specification code is D4023-04

The date of this specification is August 2025. The version number is **1.4**

Version	Date	Details of change
1.0	January 2020	New Qualification
1.1	April 2022	All ref to ABC removed and new logo added
1.2	August 2024	Word count of 25,000 set for unit 7 noted on page 25
1.3	July 2025	CCEA Regulation added
1.4	August 2025	New qualification review date

This guide should be read in conjunction with the Indicative Content document version 1.8 which is available on our secure website using the link above.

Contents

About Us	2
Contents	3
Introduction	4
Pre-requisites	4
Aims	4
Target Group	5
Content Overview	6
Qualification Structure and Rules of Combination	7
Assessment	8
Example Assessment Material	8
Teaching Strategies and Learning Activities	8
Progression Opportunities	8
Resource Requirements	9
Tutor/Assessor Requirements	9
Language	9
Qualification Summary	10
Unit Details	11
CDL4U1 - Professional Organisational Issues in Counselling	12
CDL4U2 - Counselling in a Diverse Society	15
CDL4U3 - Counselling Theory	17
CDL4U4 - Advanced Counselling Skills	18
CDL4U5 - Self-awareness for Counsellors	20
CDL4U6 - Research Methodologies in Counselling	22
CDL4U7 - Counselling Placement	24
Appendices	26
Recognition of Prior Learning (RPL), Exemptions, Credit Transfers and Equivalencies	26
Certification	27
Exemptions	27
Glossary of Terms	

This is a live document and as such will be updated when required. It is the responsibility of the approved centre to ensure the most up-to-date version of the Qualification Guide is in use. Any amendments will be published on our website and centres are encouraged to check this site regularly.

Introduction

The SEG Awards Counselling qualifications have been in operation for over 20 years and were developed in response to the need to provide a structure for the approval of counsellor training programmes.

The SEG Awards Level 4 Diploma in Therapeutic Counselling is concerned with the training of counsellors to a professional level of competency.

Learners will further develop the knowledge, skills and self-development gained from their Level 3 experience. It is required that learners will be involved in placement with rigorous and qualified casework supervision. This should enable an interchange of experiences between the placement and the classroom work on a constant basis.

Pre-requisites

As a prerequisite for admission to the Diploma course learners **must** possess the SEG Awards Level 3 Certificate in Counselling Skills or an equivalent qualification obtained elsewhere. Centres **must** be satisfied as to the learner's suitability to undertake this Level 4 qualification course. It is considered best practice for centres to allow time for learners to have personal therapy/counselling whilst working towards this qualification.

Aims

The SEG Awards Level 4 Diploma in Therapeutic Counselling qualification aims to:

- Meet, when combined with the SEG Awards Level 3 Certificate in Counselling Skills, the training contact hours requirement for basic training at a professional level for recognition as a qualified counsellor
- Provide further developed skills, including a 100-hour practice component under supervision
- Create a reflective practitioner
- Develop a deep understanding of at least one counselling theory or an approach which may be integrative i.e. combines two or three counselling theories

Target Group

The SEG Awards Level 4 Diploma in Therapeutic Counselling is designed for those learners who are seeking to be professionally qualified counsellors.

Skills and Education Group Awards expects approved centres to recruit with integrity on the basis of a learner's ability to contribute to and successfully complete all the requirements of a unit/s or the full qualification.

- Centres should strongly discourage partners and persons in close relationships from attending the same course. Evidence indicates the potential emotional damage and impact both on the group and on their relationship through exposure to counsellor training.
- Centres should seek evidence that the learner's primary need is not to use the course for personal therapy. If a learner is having personal therapy or is receiving psychiatric treatment, then it is advised that evidence should be sought from an appropriate person, as to their suitability for the course.

Note, this last requirement is important. Without in any way denigrating personal responsibility for autonomy, trainers do have personal responsibility for the well-being of each learner; the provision of a safe, secure and supportive learning environment for the learners; and ultimately to the people with whom learners will use their acquired counselling skills.

Skills and Education Group Awards would recommend that all potential learners are provided with an individual interview and, where feasible, a pre-course group/meeting should be used, which should include at least one self-awareness exercise.

This qualification should involve experiential learning in small group situations. This is often powerful and it is sensible to remind potential learners of the kind of experience they can expect. Face-to-face communication is more likely to convey this than the printed word.

Content Overview

The SEG Awards Level 4 Diploma in Therapeutic Counselling qualification covers the following seven topics:

CDL4U1 - Professional Organisational Issues in Counselling – In this unit, learners will develop an understanding of the essential relationship between counsellors, as professionals, as well as the organisations and other people with which they may work. They will explore areas of potential conflict, especially through the existence of different ethical standards and principles. They will also reflect on the importance of casework supervision and understand assessment and risk in relation to safeguarding in counselling.

CDL4U2 - Counselling in a Diverse Society – In this unit, learners will explore the impact that diverse cultures and heritage can have on the client / counsellor therapeutic relationship in a multicultural society. They will also examine power issues within the counselling process.

CDL4U3 - Counselling Theory – In this unit, learners will analyse one major theoretical approach to influence, inform and empower their practice as a counsellor. They will also compare other theoretical approaches alongside the major approach.

CDL4U4 - Advanced Counselling Skills – Learners will demonstrate a range of skills illustrating their development as practitioners. In addition, they will learn that counselling is a managed activity, with emphasis being given to the importance of opening and closing a series of sessions.

CDL4U5 - Self-awareness for Counsellors – This unit aims to enable learners to increase self-awareness by analysing and evaluating the impact that their own counselling philosophy, counselling theory and practice has on self and relationships.

CDL4U6 - Research Methodologies in Counselling – In this unit, learners will explore the importance of research in counselling. They will develop their research skills and will learn how to present findings.

CDL4U7 - Counselling Placement – Learners will complete this unit linked to a supervised counselling placement practice of 100 hours. They will analyse how their theoretical approach has influenced their practice, and evaluate learning gained from supervision.

Qualification Structure and Rules of Combination

Rules of Combination: Learners **must** complete all seven **mandatory** units in Group A to achieve 62 credits.

Unit	Unit Number	Level	Credit Value	GL
Mandatory Units Group A				
Professional Organisational Issues in Counselling	K/617/7588	4	10	75
Counselling in a Diverse Society	D/601/7630	4	5	30
Counselling Theory	K/601/7632	4	7	50
Advanced Counselling Skills	M/601/7633	4	8	50
Self-awareness for Counsellors	M/617/7589	4	5	45
Research Methodologies in Counselling	A/601/7635	4	9	40
Counselling Placement	H/617/7590	4	18	20

^{*}In 2016 Ofqual introduced changes to the way hours of guided learning are defined. The amount of hours attributed to the Counselling Placement unit has therefore changed from 120GLH to 20GL.

Note: the unit still includes a mandatory 100 hour counselling placement.

Please see Appendices for definition of Guided Learning Please see Appendices for definition of Total Qualification Time

Assessment

Internal assessment, internal and external moderation. Specific requirements and restrictions may apply to individual units within qualifications. Please check unit and qualification details for specific information.

Centres **must** take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.

Example Assessment Material

Skills and Education Group Awards confirm that there are no exemplar assessment materials available for this qualification.

Teaching Strategies and Learning Activities

Centres should adopt a delivery approach which supports the development of all individuals. The aims and aspirations of all the learners, including those with identified special needs or learning difficulties/disabilities, should be considered and appropriate support mechanisms put in place.

Progression Opportunities

Learners who successfully complete the SEG Awards Level 4 Diploma in Therapeutic Counselling may progress onto Postgraduate and Post Qualifying courses in counselling studies that are designed to enhance the practice, skills and knowledge of a practising counsellor. This provides academic progression alongside a recognised career pathway. It combines the professional aspects, e.g. theoretical knowledge, counselling skills development, self-appraisal and commitment to provision of an ethical quality service and professional development element, which is necessary to ensure that the counsellor is fit to practice.

Many learners progress towards national accreditation status with professional lead bodies. If learners wish to approach a professional regulatory body, they will need to ensure that they meet their requirements.

Centres should be aware that Reasonable Adjustments which may be permitted for assessment may in some instances limit a learner's progression into the sector. Centres **must**, therefore, inform learners of any limits their learning / physical difficulty may impose on future progression.

Resource Requirements

Learners on this qualification should have access to adequate IT facilities.

This is a particular requirement of Unit 7 Counselling Placement where it is preferred for learners to submit their work through the AchieveLive eportfolio system. See the glossary within the Counselling Placement for further information.

Tutor/Assessor Requirements

Skills and Education Group Awards require those involved in the teaching and assessment process to be suitably qualified. Assessors should also be trained and qualified to assess or be working towards appropriate teaching qualifications.

Minimum requirements when delivering this qualification: Skills and Education Group Awards expects that staff will be appropriately qualified to assess learners against the outcomes and criteria within the units. Teaching staff **must** be qualified at least a level above in a relevant subject to which they are teaching. Teaching staff should be in supervised client contact and ideally should have team supervision for their teaching work (outside of line management).

Those responsible for Internal Quality Assurance (IQA) **must** be knowledgeable and or qualified of the subject/occupational area to a suitable level to carry out accurate quality assurance practices and processes.

Language

These specifications and associated assessment materials are in English only.

Qualification								
SEG Awards Level 4 Diploma in Therapeutic Counselling								
Qualification Purpose Prepare for further learning or training and				g and/o	r			
	develop	knowle	edge an	d/or s	kills	in a s	subject	area
Age Range	Pre 16	1	L6-18		18		19+	✓
Regulation	The above	•		n is re	gulat	ed by	y Ofqua	ıl
	• In	ternal	assessr	nent				
Assessment	• In	ternal a	and ext	ernal	mod	eratio	on	
	• Ex	ternal	assessi	ment				
Type of Funding Available	See FaLa (Find a learning aim)							
Qualification/Unit Fee	See Skill	s and E	Education	on Gr	oup A	ward	ls web	site
Qualification/ Offic Fee	for curre	nt fees	and ch	arges	5			
	Pass/Fail							
Grading	To achie		_					eve
o. aag	all the Le						ment	
	Criteria i		e units	comp	oleted	<u> </u>		
Operational Start Date	01/01/2020							
Review Date	31/12/20	31/12/2028						
Operational End Date								
Certification End Date								
Guided Learning (GL)	310 hours							
Total Qualification Time (TQT)) 620 hours							
Skills and Education Group	Counselling							
Awards Sector				_				
Ofqual SSA Sector	01.3 Health and Social Care							
Support from Trade	Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH)							
Associations								Ή)
Administering Office	Skills and Education Group Awards web site							

Unit Details

CDL4U1 - Professional Organisational Issues in Counselling

Unit Reference	K/617/7588			
Level	4			
Credit Value	10			
Guided Learning (GL)	75 hours			
Unit Summary	In this unit, learners will develop an understanding of the essential relationship between counsellors, as professionals, as well as the organisations and other people with which they may work. They will explore areas of potential conflict, especially through the existence of different ethical standards and principles. They will also reflect on the importance of casework supervision and understand assessment and risk in relation to safeguarding in counselling.			
Learning Outcomes (1 to 5)	Assessment Criteria (1.1 to 5.3)			
The learner will	The learner can			
Understand assessment and risk in relation to safeguarding in counselling	1.1. Explain the use of psychological assessment tools in counselling.			
	1.2. Evaluate the importance of suicide risk assessment.			
Understand the need to work within an ethical framework.	2.1. Evaluate the need for an ethical framework for counselling and psychotherapy.			
Tunework.	2.2. Explain the main elements of one recognised ethical framework for counselling and psychotherapy.			
	2.3. Analyse the similarities and differences between their chosen ethical framework and the requirements of at least one other professional body or employing organisation.			
Varsion 1.4	2.4. Using examples, analyse potential conflicts between the requirements of organisational and other codes of professional practice and their chosen ethical framework for counselling and psychotherapy.			

		2.5.	Summarise how these conflicts could be resolved.
3.	Understand the environment in which counselling takes place.	3.1.	Using one example for each, analyse the key issues surrounding the following:
		b. c. d. e.	professional conduct ethical issues confidentiality boundaries legal responsibility negligence
		3.2.	Using examples, evaluate an appropriate working environment and contract which attends to the following needs of both the client and counsellor:
		b.	physical emotional psychological
		3.3.	Using examples, analyse the importance of multi- professional working and co-operation.
4.	Understand the importance of supervision in counselling.	4.1.	Explain why both casework and managerial supervision are important for a trainee and a qualified counsellor.
		4.2.	Using examples, evaluate the possible impact of effective and less effective casework supervision on the:
			service provided for users professional development of a counsellor
		4.3.	Evaluate the possible impact of effective and less effective managerial supervision on the:
			service provided for users professional development of a counsellor
5.	Understand three common mental health issues.	5.1.	Explain the symptoms of three common mental health issues.
		5.2.	Describe ways in which these issues could be addressed within a counselling environment.

Mapping to National Occupational Standards

Links to Skills for Health Mental Health Competencies

MH1, MH14, MH49, MH63, MH97, MH 98, MH100, MH101

Links to ENTO NOS for Counselling 2014

CLG1.1, CLG3.1, CLG3.2, CLG7.1, CLG7.3, CLG7.4 CLG8.1, CLG9.1 CLG18.1, CLG18.2, CLG17.1

Version 1.4 603/5029/5 Page **14** of **28**

CDL4U2 - Counselling in a Diverse Society

Unit Reference	D/6	01/7630				
Level	4	4				
Credit Value	5	5				
Guided Learning	(GL) 30 H	nours				
Unit Summary		In this unit, learners will explore the impact that diverse culture and heritage can have on the client / counsellor therapeutic relationship in a multicultural society. They will also examine power issues within the counselling process.				
Learning Outcome (1 to 3) The learner will	t	essment Criteria o 3.4) <i>learner can</i>				
1. Understand issuaffect counselling multi-cultural se	ng in a ociety.	Using examples, evaluate the relevance of the following in the counselling process: Stereotyping Language issues Different belief systems Family structures Family life experiences				
2. Understand how divisions and he might influence counselling rela	eritage the	Heritage. Using examples, analyse how the cultural heritage of clients might influence one to one counselling interaction.				
3. Understand pow within the coun process.		differences between counsellor and client.				

- 3.3. Using examples, evaluate how these perceived power differences can be reduced.
- 3.4. Analyse the advantages and disadvantages gained from retaining some power differences.

Mapping to National Occupational Standards
Links to Skills for Health Mental Health Competencies

MH1, MH46, MH63, MH97, MH 98, MH100, MH101

Links to ENTO NOS for Counselling 2014

CLG 1.1, CLG5.2, CLG 8.1, CLG 17.1, CLG 17.2

CDL4U3 - Counselling Theory

Unit Reference	K/601/7632			
Level	4			
Credit Value	7			
Guided Learning (GL)	50 hours			
Unit Summary	In this unit, learners will analyse one major therapeutic theory to influence, inform and empower their practice as a counsellor. They will also compare other therapeutic theories with the major theory.			
Learning Outcomes (1 to 2) The learner will	Assessment Criteria (1 to 2.2) The learner can			
Understand a major therapeutic theory of counselling.	 1.1. Analyse the philosophy of one major therapeutic theory in relation to: a. Its origins b. Historical development to the present day c. The people influential in its development 1.2. Evaluate the key concepts and principles of the chosen theory, using relevant examples to indicate their importance in counselling practice. 1.3. Evaluate the strengths and weaknesses of the theory. 1.4. Explore arguments against the theory. 			
2. Understand the principles of other therapeutic theories of counselling.	2.1. Evaluate the key features of two other therapeutic theories and their relevance to the practising counsellor in comparison to their main chosen theory.			
Mapping to National Occupati	2.2. Justify why it is important to have an in depth understanding of a therapeutic theory before using its methods and techniques.			

Links to Skills for Health Mental Health Competencies

MH100

Links to ENTO NOS for Counselling 2014

CLG 5.2, CLG 5.5, CLG 6.1, CLG 8.1, CLG 18.1, CLG 18.2, CLG 19.1, CLG 21.1

CDL4U4 - Advanced Counselling Skills

Un	it Reference	M/60	01/7633			
Level		4				
Credit Value		8				
Gu	ided Learning (GL)	50 h	ours			
Unit Summary		Learners will demonstrate a range of skills illustrating their development as practitioners. In addition, they will learn that counselling is a managed activity, with emphasis being given to the importance of opening and closing a series of sessions.				
Learning Outcomes (1 to 3) The learner will		(1.1	ssment Criteria to 3.4) <i>earner can</i>			
1.	Understand the process of a series of counselling	1.1.	Identify stages of a series of counselling sessions.			
	sessions.	1.2.	Evaluate the importance of an appropriate opening for a series of sessions.			
		1.3.	Explain the purpose and importance of a working agreement for a series of sessions.			
		1.4.	Explain the purpose and importance of reviewing progress with the client.			
		1.5.	Explain the importance of working towards the ending of a series of sessions.			
		1.6.	Explain the importance of ensuring that an environment is suitable and safe.			
2.	Be able to conduct a counselling session with a client in an ethical, effective	2.1.	Open the session, explaining the working agreement including:			
	and safe way.	_	What is on offer			
		_	Limitations Time boundaries			
		d.	Ethical boundaries in line with professional code			
		2.2.	Develop the session using the following skills and interventions appropriate for the session and the theory used:			

- a. Attentiveness and rapport building
- b. Active listening, including minimal encouragers and managing silence
- c. Empathic listening including reflecting and mirroring
- d. Effective questioning
- e. Paraphrasing and summarising
- f. Focusing and challenging
- g. reflecting on the counselling skills process and immediacy
- h. Awareness of boundaries including referrals
- i. Working at an appropriate pace
- j. Checking understanding with the client
- k. Working with diversity as it impacts on the session
- 2.3. End a session appropriately, using the following where applicable:
 - a. Within agreed time boundaries
 - b. Showing sensitivity to the client's needs and feelings
 - c. Summarising themes and any work to be done outside the session
 - d. Making an appropriate referral if necessary
 - e. Renegotiating and renewing working agreements
 - f. Making the next appointment
- 3. Be able to reflect on the counselling session.
- 3.1. Evaluate the effectiveness of the opening of the session.
- 3.2. Justify the use of the skills used during the session.
- 3.3. Explain why other skills were not used during the session.
- 3.4. Evaluate the effectiveness of the closing of the session.

Mapping to National Occupational Standards Links to Skills for Health Mental Health Competencies

MH1, MH23, MH46, MH49, MH63, MH 98, MH100, MH101

Links to ENTO NOS for Counselling 2014

CLG5.2, CLG5.3, CLG6.1, CLG 8.1, CLG18.1, CLG18.2

Version 1.4 August 2025 603/5029/5

CDL4U5 - Self-awareness for Counsellors

4			
5			
45 hours			
This unit aims to enable learners to increase self- awareness by analysing and evaluating the impact that their own counselling philosophy, counselling theory and practice has on self and relationships.			
Assessment Criteria (1 to 4.5) The learner can			
1.1. Explain own philosophical approach and development to counselling.			
1.2. Explain the impact this approach has on their practice as a counsellor.			
2.1. Analyse how theories studied have increased awareness and insight into self.			
2.2. Analyse how theories studied have increased awareness and understanding of the impact of their own life events and their responses to them.			
2.3. Analyse how theories studied have increase awareness and understanding of their relationships, and the way they form, develop, maintain and end them.			
3.1. Analyse how interaction with others has impacted on self-awareness.			
3.2. Evaluate how issues of equality and diversity have impacted on self.			
3.3. Evaluate how the practice of responding to equality and diversity issues has impacted on self.			

4. Reflect on personal development.

- 4.1. Evaluate insight gained from feedback received.
- 4.2. Analyse changes to self as a result of feedback and experiences.
- 4.3. Evaluate their own strengths and areas for growth and development.
- 4.4. Outline the development of their own philosophy of counselling.
- 4.5. Plan for and justify future personal development.

Mapping to National Occupational Standards
Links to Skills for Health Mental Health Competencies

MH100

Links to ENTO NOS for Counselling 2014

CLG1.1, CLG1.2, CLG1.3, CLG 1.4, CLG2.2

CDL4U6 - Research Methodologies in Counselling

Unit Reference		A/60	01/7635			
Level		4				
Credit Value		9				
Guided Lea	rning	40 h	ours			
Unit Summary		In this unit, learners will explore the importance of research in counselling. They will develop their research skills and will learn how to present findings.				
Learning Or (1 to 5) The learner		(1.1	ssment Criteria to 5.2) learner can			
	and the purposes of in counselling.	1.1.	Explain the importance of research for the counsellor.			
		1.2.	Explain the purposes of research in the practice of counselling.			
	to select effective for undertaking	2.1.	Review methods used in counselling research.			
research	activities.	2.2.	Select and justify research methodologies for a chosen topic.			
3. Be able t	to carry out for a chosen topic.	3.1.	Apply appropriate methodologies to research information.			
		3.2.	Formulate critical opinions based on the interpretation of primary and secondary research material.			
		3.3.	Evaluate the relevance of primary or secondary research material which has been collated during own secondary research.			
	o present findings ch for a chosen	4.1.	Select and justify a suitable format to present research.			
topic.		4.2.	Present the outcomes of the research.			

- 5. Be able to evaluate the research methodologies and outcomes.
- 5.1. Evaluate the appropriateness of the chosen methodologies.
- 5.2. Evaluate the learning obtained from research into their chosen topic.

Mapping to National Occupational Standards Links to Skills for Health Mental Health Competencies

Depending on the topic of research chosen, there will be links with a number of competencies e.g. MH66, MH97, MH98

Links to ENTO NOS for Counselling 2014

CLG22.1

CDL4U7 - Counselling Placement

Unit Reference	H/617/7590				
Level	4				
Credit Value	18				
Guided Learning (GL)	20 hours				
Unit Summary	Learners will complete this unit linked to supervised counselling placement practice. They will analyse how their theoretical approach has influenced their practice, and evaluate learning gained from supervision. This unit is externally assessed.				
Learning Outcomes (1 to 5) The learner will	Assessment Criteria (1.1 to 5.2) The learner can				
Be able to establish working agreements.	1.1. Enter into a working agreement with the followinga. Placement agency(ies)				
	b. Supervisor(s)				
2. Be able to maintain records of placement practice.	2.1. Maintain verified client and supervision records of own placement practice over a minimum of 100 hours.				
3. Know how to relate counselling theoretical approach (es) to practice with one client from	3.1. Outline in own words, through explanation of at least 6 key concepts, the theoretical approach (es) they have been trained in.				
placement.	3.2. Analyse those theoretical key concepts which were relevant and applied to one client over a minimum of six sessions.				
	3.3. Evaluate each theoretical key concept as it was applied to this client, over a minimum of six sessions.				
4. Know how to relate learning from supervision to practice with one client.	4.1. Analyse the learning gained from issues taken to supervision in relation to your counselling work with one client:				

	 a. Who has been seen for a minimum of six client sessions b. A minimum of two issues over a minimum of two supervision sessions c. A different client to learning outcome three 4.2. Evaluate how all the learning gained from those issues taken to supervision informed your practice with this client, over a minimum of two subsequent client sessions.
5. Be able to reflect on own professional practice.	5.1. Provide final feedback reports from:a. Placement(s) andb. Supervisor(s)
	5.2. Evaluate development of own ethical and professional practice in regards to client work, to include:
	a. Boundariesb. Professionalism and ethicsc. Confidentialityd. Application of GDPR legislation

Mapping to National Occupational Standards

Links to Skills for Health Mental Health Competencies

MH1, MH23, MH27, MH46, MH66, MH 98, MH100, MH101

Links to ENTO NOS for Counselling 2014

CLG1.1, CLG1.2, CLG1.3, CLG2.1, CLG2.2, CLG3.2, CLG5.1, CLG5.2, CLG5.5, CLG6.1, CLG8.1, CLG 17.1, CLG 17.2, CLG 18.1, CLG18.2, CLG21.1

NOTE: THE MAXIMUM WORD COUNT FOR UNIT 7 IS 25,000. IF ANY SUBMITTED PORTFOLIOS RECEIVED ON OR AFTER 1ST SEPTEMBER 2024 EXCEED THIS COUNT THE PORTFOLIO WILL BE RETURNED TO THE CANDIDATE FOR AMENDMENTS.

Appendices

Recognition of Prior Learning (RPL), Exemptions, Credit Transfers and Equivalencies

Skills and Education Group Awards policy enables learners to avoid duplication of learning and assessment in a number of ways:

- Recognition of Prior Learning (RPL) a method of assessment that considers
 whether a learner can demonstrate that they can meet the assessment
 requirements for a unit through knowledge, understanding or skills they already
 possess and do not need to develop through a course of learning.
- Exemption Exemption applies to any certificated achievement which is deemed
 to be of equivalent value to a unit within Skills and Education Group Awards
 qualification but which does not necessarily share the exact learning outcomes
 and assessment criteria. It is the assessor's responsibility, in conjunction with
 the Internal Moderator, to map this previous achievement against the
 assessment requirements of the Skills and Education Group Awards qualification
 to be achieved in order to determine its equivalence.
- Any queries about the relevance of any certificated evidence, should be referred in the first instance to your centre's internal moderator and then to Skills and Education Group Awards.
 - It is important to note that there may be restrictions upon a learner's ability to claim exemption or credit transfer which will be dependent upon the currency of the unit/qualification and a learner's existing levels of skill or knowledge. Where past certification only provides evidence that could be considered for exemption of part of a unit, learners **must** be able to offer additional evidence of previous or recent learning to supplement their evidence of achievement.
- Credit Transfer Skills and Education Group Awards may attach credit to a
 qualification, a unit or a component. Credit transfer is the process of using
 certificated credits achieved in one qualification and transferring that
 achievement as a valid contribution to the award of another qualification.
 Units/Components transferred must share the same learning outcomes and
 assessment criteria along with the same unit number. Assessors must ensure
 that they review and verify the evidence through sight of:
 - Original certificates OR
 - Copies of certificates that have been signed and dated by the internal moderator confirming the photocopy is a real copy and make these available for scrutiny by the External Moderator.
- Equivalencies opportunities to count credits from the unit(s) from other qualifications or from unit(s) submitted by other recognised organisations towards the place of mandatory or optional unit(s) specified in the rule of combination. The unit **must** have the same credit value or greater than the unit(s) in question and be at the same level or higher.

Skills and Education Group Awards encourages its centres to recognise the
previous achievements of learners through Recognition of Prior Learning (RPL),
Exemption, Credit Transfer and Equivalencies. Prior achievements may have
resulted from past or present employment, previous study or voluntary
activities. Centres should provide advice and guidance to the learner on what is
appropriate evidence and present that evidence to the external moderator in the
usual way.

Further guidance can be found in 'Delivering and Assessing SEG Awards Qualifications' which can be downloaded here:

Certification

Learners will be certificated for all units and qualifications that are achieved and claimed.

Skills and Education Group Awards policies and procedures are available on the Skills and Education Group Awards web site.

Exemptions

This qualification contains exemptions. For further details see Recognition of Prior Learning (RPL), Exemptions, Credit Transfers and Equivalencies.

Glossary of Terms

GL (Guided Learning)

GL is where the learner participates in education or training under the immediate guidance or supervision of a tutor (or other appropriate provider of education or training). It may be helpful to think – 'Would I need to plan for a member of staff to be present to give guidance or supervision?'

GL is calculated at qualification level and not unit / component level.

Examples of Guided Learning include:

- Face-to-face meeting with a tutor
- Telephone conversation with a tutor
- Instant messaging with a tutor
- Taking part in a live webinar
- Classroom-based instruction
- Supervised work
- Taking part in a supervised or invigilated formative assessment
- The learner is being observed as part of a formative assessment

TQT (Total Qualification Time)

'The number of notional hours which represents an estimate of the total amount of time that could reasonably be expected to be required, in order for a learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of a qualification.' The size of a qualification is determined by the TQT.

TQT is made up of the Guided Learning (GL) plus all other time taken in preparation, study or any other form of participation in education or training but not under the direct supervision of a lecturer, supervisor or tutor.

TQT is calculated at qualification level and not unit / component level.

Examples of unsupervised activities that could contribute to TQT include:

- Researching a topic and writing a report
- Watching an instructional online video at home/e-learning
- Watching a recorded webinar
- Compiling a portfolio in preparation for assessment
- Completing an unsupervised practical activity or work
- Rehearsing a presentation away from the classroom
- Practising skills unsupervised
- Requesting guidance via email will not guarantee an immediate response